

Carrowntober House B & B

Breakfast Menu



Good Morning

Start your day with a hearty Irish Breakfast

My Suppliers

Free Range Eggs from Tullykyne

Sausages, Rashers, Black and White Puddings from Award Winning

Finnerty Butchers

Gerry's Home made Brown Bread

Home Baked Honey Roast Ham

Connemara Smoked Salmon

Sherdian's Cheese

Barbara's Best Artisan Jams and Marmalades

Fresh Fruits

Allergy Information

Please ask your server for a list of food Allergens and intolerances as all food may contain traces of Nuts (nt), Milk (mk), Fish (fh), Eggs (eg), Gluten (gh), Sulphites (sh), Mustard (md) and Soya (so) as all food is prepared in the same catering Kitchen.

From The Buffet

Fruit Juice, Grapefruit Segments or Prunes

Yogurts, Fruits, Croissants

Choice of Cereals or Muesli

Organic Porridge with Cream or Fruit

Platter of Honey Roast Ham

(gh, sh, so,mk,eg,nt)

Cooked to Order

Full Irish: Bacon, Egg, Sausage, Black and White Pudding,

Tomato and Mushrooms

Mini Breakfast: Bacon, Sausage and Egg

Carrowntober Light: Scrambled Egg with Smoked Salmon and Cottage Cheese on Homemade Brown Bread

Vegetarian Options:

Scrambled Egg and Tomato

Baked Beans on Toast

Brown Bread, Toast with selection of Marmalade, Jams or Honey served with all of the above

Freshly Ground Coffee, Traditional, Green or Flavoured Teas

(gh,eg,mk,sh,so, fh,so)

From your base here in Carrown Tober we recommend the following
places of interest and activities:

Local:

Choice of Riverside and Nature Walks to suit everyone

Golf in Oughterard's 18 Hole Golf Course

Pony Riding * Boat trips on Lough Corrib * River or lake angling

Brigit's Celtic Garden * Glengowla Mines * "Quiet Man" film locations

A Little Further...

Please ask and take a map and we can provide you with a packed lunch

Kylemore Abbey * Connemara National Park

Diamond Hill * Sky Road * Ashleigh Falls * Pearce Cottage

Tour Connemara and view it lakes and mountains

A Day Trip.....

Galway City * The Burren * Cliffs of Moher

And much much more...

When you come back in the evening.....

We regularly host BBQ's on the lawn and invite all our guests to come and enjoy

Our Wi Fi for your pleasure and to research the above is "carrowntober"

Have a Nice Day